

# PHOTOREJUVENATION INTENSE PULSED LIGHT (IPL)

*Last update on May 23<sup>rd</sup> 2023*

Signs of aging such as stains, dilated capillary vessels, or fine lines progressively appear, especially on sun exposed areas such as face, neck, neckline, and back of the hands. Pulsed lights that act through a broad spectral band will be able to improve several parts of this aging:

- Superficial part: improvement of complexion, stain, redness and dilated vessels.
- Deeper remodeling part: the thermal action of Intense Pulsed Light may have an effect on collagen production, could therefore improve skin texture and non-aggressively attenuate fine lines.

After each treatment, your skin will gradually appear smoother, more toned, lighter, brighter and more harmonious in color.

The treatment is performed directly at the dermatologist's office in 3 to 4 sessions spaced about a month apart, without any anesthesia.

Annual or biannual maintenance sessions may be proposed or alternated with other techniques.

Pain may be present during treatment. It is a brief sensation of slight burn accompanying each light flash.

Immediately after treatment, the skin is slightly red and the stains may appear darker. There may be a feeling of sunburn with transient edema (swelling). Fine crusts will appear the day after the session and will disappear in about 10 days.

It is essential not to sunbathe during the days preceding the session and throughout the treatment cycle. Make-up must be avoided on the day of the session as well as the use of self-tanners. Application of soothing cream is recommended. Any medical treatment in progress or started during treatment with intense pulsed light should be reported to your dermatologist.

***This information sheet recommended by the French Laser Society can be given to you by your dermatologist. Even if it is not sufficient to have an estimate, it helps to give the patient a clear information.***

*The information consultation provides clear explanations on expected outcomes, side effects and possible complications. There are not any reimbursement from social security or medical leave for these aesthetic treatments. Prices are mainly based on the area to be treated. The total cost is to be evaluated with the patient and is the subject of a signed quote.*

*A post-operative order and an advice sheet are given to the patient with the doctor's contact information.*



Laser et Peau: **the French-language information site for patients, written by expert dermatologists from the Société Française des Lasers en Dermatologie.**

*Everything you need to know about laser treatments, pulsed light, radiofrequency and other techniques for skin care or aesthetic applications.*



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